Volume 5-22 May 2020

## Principal's Message

## Special points of interest:

- A guide to Student retuning face to face learning
- To sick for school advice
- Library news
- P&C News

#### We're back in business and Drawbridge resumes

Next week sees the resumption of the new normal – we're back at school, all 1942 students and rising, 125 teachers and 20 administrative and support staff.

There is no question that COVID has changed most of us — in understanding how we learn, what we value, what we need, what is important. I know that parents are exhausted by it all managing households and coping with on line learning. You have been magnificent in your support for students and the school. Who knew what Zoom was two months ago? Now it's part of your everyday vocabulary and practice!

As of Monday May 25, students are to return to school following their normal timetable for Week B. Full school uniform is expected and will be monitored. In other words, it's business as usual. We have much to do. I will again attach the document I sent on Wednesday from the Department of Education outlining fine details of many aspects of the return including curriculum, reporting for semester 1, school activities, safety and hygiene and well being. I urge you to re - read this document as it does clarify things and addresses the many questions that you would naturally have.

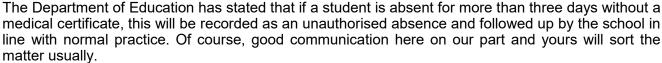
A couple of salient points from the document are worth repeating:

- All students are expected to attend school unless they are unwell
- If parents believe that their child has a condition which means it is not safe for them to return to school, they will need to obtain a medical certificate. These are likely to be children with suppressed immune systems or undergoing treatment like chemotherapy.

This means that students are either:

- At school, OR
- At home because they are currently unwell, in which case they should rest and not do school work, OR
- At home because they have a medical certificate which states they are unable to return to school due to an ongoing medical condition, in which case work will be provided for students for the time they are prevented from being at school.





It is important that students not come to school if ill and if they present as ill at school during the day we will ensure we inform parents for ill students to be taken home. This is important at this very precarious time still.

#### **Added complication**

As I have stated in previous emails, we have an added complication with 26 classrooms and two large staffrooms housing 60 teachers out of action, due to remediation works involving gyprocking to seal ceilings. It means that A,B,D and E blocks on the upper level are out of action. The timeline for completion is ambitious but as you would know with building works there are hold ups and problems to solve. The best we can hope for, I think, is disruption to rooming for two weeks, week 5 and week 6 (May 25 – June 5).

This means not just rearrangements of the allocation of rooms for students and teachers, but a miracle to find space out of thin air. You can't re - room if there isn't a room!

This is where the creativity skills of the deputy principals have come to the fore. They have been determined and tireless in their efforts to find solutions that are workable. And I think they have managed to pull it off!

In order for a smooth return to school on Monday we need students, with your support, to **KNOW WHERE THEY HAVE TO GO EACH DAY**. It is incumbent on us to communicate this well and that we will endeavour to do.

We will email both parents and students with specific information about accessing these changes on Friday May 22.

#### Identification of potentially hazardous materials

As advised last week, the building work is a result of proactive investigations by the Department of Education to identify potentially hazardous materials. This came about because at a local school of the same vintage as CHHS, asbestos was unexpectedly found in the roof. As a consequence, the department arranged for air quality tests to be undertaken for a fortnight on all schools of the same era and design. This testing, conducted by an independent hygienist, revealed the presence of asbestos in the roof spaces of Block A,B,C and D. Even though the air monitoring returned results below the minimum detection limit (ie less than 0.01 fibres/ml), the department determined that they would be precautionary and implement control measures including sealing any potential penetrations to the ceiling cavity. This ensures that any asbestos is "appropriately encapsulated", in other words sealed away. The asbestos will not be touched.

It should be noted that all schools have, by law, an asbestos register and like other schools of the same era, according to the register, there is no asbestos in the roof recorded. So this finding was unexpected.

It should also be noted that the work will be completed in accordance with SafeWork NSW and a clearance certificate will be given by an independent hygienist confirming safety for occupation. I will keep you fully abreast of progress as the days and weeks unfold.

#### **Finally**

I never stop learning about people, leadership, problem solving and relationships in my work. The issues we have contended with, together, have taught me again that the community - you - are so supportive, flexible, generous and informed. Thank you for your ongoing patience.

Regards Vicki Brewer Principal

## Students of essential workers are working in the library.









### A guide to NSW school students returning to face-toface learning

This guide is for parents and carers

Information has been updated as at 19 May 2020, until further notice.

## Schools are safe and open for full time face-to-face learning

All schools are returning to full on-campus learning from Monday 25 May. All school activities and operations will be in line with Australian Health Protection Principal Committee (AHPPC) and NSW Health guidelines as applicable.

School students do not need to follow physical distancing guidelines, but should follow good hygiene practices like:

- · Regularly washing hands
- · Avoiding sharing drinks or food
- Coughing or sneezing into your elbow, or a tissue which should be discarded immediately.

#### School attendance

All students should be at school unless:

- They have a medical certificate which states that they are unable to return to school due to an ongoing medical condition
- · They are currently unwell.

Students who have a medical certificate to stay at home will be supported to learn from home in line with regular procedures if they are able to. These regular procedures are different to what was offered during the learning from home period. If you require work to be provided to your child whilst they are at home due to an underlying health condition, you should contact the school for assistance.

Please note, students who live with a family member in one of the categories identified as being at increased risk by the AHPPC, should attend school unless a medical practitioner advises otherwise in writing.

If your child is unwell, do not send them to school. If they are unwell at school you or your nominated emergency contact will need to collect them immediately. Please make sure your contact details are up to date.

If a student is absent without a medical reason for more than three days, this will be recorded as an unauthorised absence and followed up by the school.

If you need any support to get your child back to school, please contact your school.

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#### Reporting and assessment

Your child has been assessed during the learning from home period and will receive additional assessment on their return to school.

You will receive your child's semester 1 report before the end of August (week 6, Term 3).

This may be a simplified version of the report you normally receive. Schools are encouraged to discuss your child's progress with you before the written report is issued.

#### School activities

Teachers will continue to follow the same school curriculum with the exception of some activities that can't go ahead for now.

#### What children can do:

- Use the school library
- · Engage in non-contact sporting activities
- Year 11 and 12 students may attend classes/activities relating to subjects available on other campuses
- VET work placement for Year 12 students is able to proceed from 1 June 2020. Year 10 and 11 work-placement is able to proceed from Term 3 2020.
- School based apprenticeships and traineeships can recommence once the relevant workplaces are back in operation
- Trade Training Centres can operate on school sites.

#### What students can't do:

- School assemblies (unless for critical information)
- School incursions and excursions including camps
- Work experience
- Inter-school activities (debating, inter-school sport)
- · In-school activities requiring parent or other volunteers
- Use hydrotherapy pools
- Drink from a water bubbler bring a water bottle instead
- Students cannot attend TAFE for study but may continue to learn online.

#### School cleaning and hygiene supplies

Your school will receive additional cleaning in line with the AHPPC guidelines and advice from NSW Health. Targeted areas include high-touch areas and other hard surfaces, door handles, lockers, light switches and handrails in stairways and movement areas. There will also be additional cleaning of toilets and bubblers and topping up of supplies like soap.

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| NSW Department of Education

Your school has received supplies of soap, hand sanitiser, toilet paper, paper towels, disinfectant wipes and personal protective equipment. The school is able to order more as needed.

#### School grounds

There should be no visitors to school sites unless they are essential. Your school can provide guidance as to who is considered essential.

Your school will provide advice on drop off and pick up procedures.

Wherever possible, P&C and parent/carer/teacher meetings should be conducted virtually.

Canteens and uniform shops can open at the discretion of the principal.

Out of school hours care can continue to operate.

Community use of school facilities will recommence only for uses that are necessary for continuation of education and with principal's approval.

#### **Responding to COVID-19 cases**

There is a clear plan in place for schools to respond to any suspected or confirmed cases of COVID-19 in our schools. We are working closely with NSW Health and will communicate with parents if a situation was to arise



#### www.schoolatoz.com.au

## Too sick for school?





Generally if your child feels unwell, keep them home from school and consult your doctor. This chart and the information it contains is not intended to take the place of a consultation with your doctor.

Bronchitis	Symptoms are coughing, a runny nose, sore throat and mild fever. The cough is often dry at first, becoming moist after a couple of days. There may be a slight wheeze and shortness of breath. A higher fever (typically above 39°C) may indicate pneumonia.	until they are feeling better. Antibiotics may be needed.
<b>Chickenpox</b> (Varicella)	Slight fever, runny nose, and a rash that begins as raised pink spots that blister and scab.	for 5 days from the onset of the rash and the blisters have dried.
Conjunctivitis	The eye feels 'scratchy', is red and may water. Lids may stick together on waking.	while there is discharge from the eye unless a doctor has diagnosed a non-infectious cause.
<b>Diarrhoea</b> (no organism identified)	Two or more consecutive bowel motions that are looser and more frequent than normal and possibly stomach cramps.	for at least 24 hours after diarrhoea stops.
Fever	A temperature of 38.5°C or more in older infants and children.	until temperature is normal.
Gastroenteritis	A combination of frequent loose or watery stools (diarrhoea), vomiting, fever, stomach cramps, headaches.	for at least 24 hours after diarrhoea and/or vomiting stops.
<b>German measles</b> (Rubella)	Often mild or no symptoms: mild fever, runny nose, swollen nodes, pink blotchy rash that lasts a short time.	for at least 4 days after the rash appears.
<b>Glandular Fever</b> (Mononucleosis, EBV infection)	Symptoms include fever, headache, sore throat, tiredness, swollen nodes.	unless they're feeling unwell.
Hand, Foot and Mouth Disease (HFMD)	Generally a mild illness caused by a virus, perhaps with a fever, blisters around the mouth, on the hands and feet, and perhaps the nappy area in babies.	until all blisters have dried.
Hayfever (Allergic rhinitis) caused by allergy to pollen (from grasses, flowers and trees), dust mites, animal fur or hair, mould spores, cigarette smoke	Sneezing, a blocked or runny nose (rhinitis), itchy eyes, nose and throat, headaches.	unless they feel unwell or are taking a medication which makes them sleepy.
<b>Head lice or nits*</b> [Pediculosis]	Itchy scalp, white specks stuck near the base of the hairs; lice may be found on the scalp.	while continuing to treat head lice each night. Tell the school.



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Hepatitis A	Often none in young children; sudden onset of fever, loss of appetite, nausea, vomiting, jaundice (yellowing of skin and eyes), dark urine, pale stools.	for 2 weeks after first symptoms for 1 week after onset of jaundice). Contact your doctor before returning to school.	
Hepatitis B	Often no symptoms in young children. When they do occur, they can include fever, loss of appetite, nausea, vomiting, jaundice (yellowing of skin and eyes), dark urine.	if they have symptoms. Contact your doctor before returning to school. first outbreak) and no symptoms.	
Impetigo (School sores)	Small red spots change into blisters that fill up with pus and become crusted; usually on the face, hands or scalp.	until antibiotic treatment starts. Sores should be covered with watertight dressings.	
Influenza	Sudden onset fever, runny nose, sore throat, cough, muscle aches and headaches.	until well.	
Measles	Fever, tiredness, runny nose, cough and sore red eyes for a few days followed by a red blotchy rash that starts on the face and spreads down the body and lasts 4 to 7 days.	for at least 4 days after the rash appears.	
Meningococcal Disease	Sudden onset of fever and a combination of headache, neck, stiffness, nausea, vomiting, drowsiness or rash.	Seek medical attention immediately. Patient will need hospital treatment. Close contacts receive antibiotics.	
Molluscum Contagiosum	Multiple small lumps (2–5mm) on the skin that are smooth, firm and round, with dimples in the middle. In children, occur mostly on the face, trunk, upper arms and legs. Symptoms can last 6 months to 2 years.		
Mumps	Fever, swollen and tender glands around the jaw.	for 9 days after onset of swelling.	
Ringworm* (tinea corporis]	Small scaly patch on the skin surrounded by a pink ring.	for 24 hours after fungal treatment has begun.	
Runny nose or common cold		unless there are other symptoms such as fever, sore throat, cough, rash or headache. Check with school.	
Scabies*	Itchy skin, worse at night. Worse around wrists, armpits, buttocks, groin and between fingers and toes.	until 24 hours after treatment has begun.	
Shigella	Diarrhoea (which may contain blood, mucus and pus), fever, stomach cramps, nausea and vomiting.	until there has not been a loose bowel motion for 24 hours. Antibiotics may be needed.	
Slapped Cheek Syndrome (Parvovirus B19 infection, fifth disease, erythema infectiosum)	Mild fever, red cheeks, itchy lace-like rash, and possibly cough, sore throat or runny nose.	as it is most infectious before the rash appears.	
<b>Whooping Cough</b> (Pertussis)	Starts with a running nose, followed by persistent cough that comes in bouts. Bouts maybe followed by vomiting and a whooping sound as the child gasps for air.	until the first 5 days of an antibiotic course has been completed. Unimmunised siblings may need to stay home too until treated with an antibiotic.	
<b>Worms</b> (Threadworms, pinworms)	The main sign of threadworms is an itchy bottom. Sometimes children feel 'out of sorts' and do not want to eat much. They may also have trouble sleeping, due to itching at night.	and tell the school as other parents will need to know to check their kids.	

<sup>\*</sup>It is important that the rest of the family is checked for head lice, scabies and ringworm



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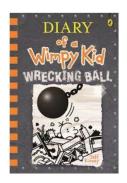
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# **BeeKS** in the Library

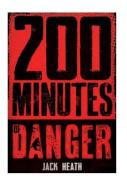








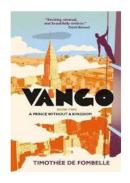




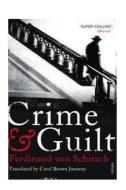


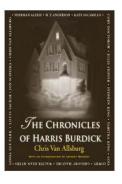




















A very hearty welcome back. I am very please to be once again writing to you via the newsletter. I am very excited to announce that we were successful in obtaining a grant through the NSW Government's 2019 Community Building Partnership (CBP) program. We have approved funding of \$30,000 and this will be put towards refurbishment of the multicourt surfaces. This will be a wonderful infrastructure project for the school and we are very keen to kick things off.

It is also very exciting to see our canteen operational again. We also expect an imminent return for our uniform shop. I would like to take this opportunity to thank all of our office bearers. Navigating this period of closure and what it has meant for us as a business has been taxing, complex, frustrating and quite frankly exhausting. The dedication of our team and their collective expertise has allowed us tick all of our compliance boxes and look after all of our staff in the process. I am thrilled that we have navigated this uncertainty well.

We should have had our AGM this week but it will need to be postponed until further notice. Unfortunately, our P&C constitution has no provision for meetings to be held virtually. The Federation is trying to amend that but until such time we will need to wait until public gatherings are permitted in order to have any type of meeting. In the interim please continue to email us with your queries as you have been doing.

For those of you who might be considering a position on the executive, this is a wonderful opportunity to get involved. We are a group of parents who are passionate about our school and invested in sowing into its community. If you are interested to know about the benefits of P&C membership, you can read about it <a href="here">here</a>. Please make sure your membership is current if you wish to vote at the AGM or stand for a position.

The P&C pays for a subscription to <u>Parenting Ideas</u>. I regularly include content in the newsletter. The webinars are free for our parent community.

Parenting Ideas Article: Charting a new course for kids post COVID-19

While we've been denied access during the COVID-19 pandemic to activities such as playing group sport, spending time in a café or meeting with friends, there's been plenty of upside too. Discussions with friends reveal that family life has been a big beneficiary from the physical distancing measures. Comments such as "It's so good to slow down," "I cherish the time I'm spending with my children," and "I'm discovering the joy of having real conversations with my teenager" point to the positive side of getting off the family roundabout many of us have been on.

Though the restrictions placed on society are of course challenging, the imposed period of social isolation has provided an opportunity for parents to forge new habits that have potential to bring more joy and less stress to their children's lives once the threat has subsided. Here are some ideas to consider while charting a new course for kids post COVID-19.

#### 1. Significant personal hobbies

Our previous reliance on organised, adult-initiated activity to keep kids busy came at the expense of child-initiated hobbies and interests. The rise of personal digital entertainment and communication technology in recent years has also contributed to the demise of hands-on hobbies such as collecting, crafts and music. The Scandinavians have long valued the positive impact of hobbies on a person's wellbeing and quality of life. In turn they encourage (and in Sweden's case heavily subsidise) the uptake of hobbies and personal interests from a very young age.

#### 2. Personal learning centres

Experts agree that the future of work will be characterised by constant change, requiring workers to continually learn and upskill if they are to adapt. Our children will need to see themselves as continuous learners if they are to succeed in this uncertain future. The home is a great place to plant this concept in young minds and there's no better way to do this than establishing their own personal learning centre. Start small with a bean bag, a small book shelf and build from there. It's the idea rather than the physical setting where the learning significance lays.

#### 3. Mental health practices

This period in isolation has offered an opportunity to embed good mental health practices in children and young people. Three key health practices to continue include healthy eating, plenty of exercise and good sleep patterns. Add regular mindfulness practice, deep breathing and the opportunity to spend plenty of time in nature and you'll be establishing a strong mental health and wellbeing framework for life.

#### 4. Mix of alone and group activities

Life in social isolation has meant family members have had to compromise. Extroverts who love to be surrounded by people have had to give parents and siblings the space they need. Introverts who prefer their own company have been sharing their time, space and company with other family members. Post COVID-19, consider encouraging kids to experience a mixture of alone time, allowing for personal reflection and family time, which promotes family connection. Both are essential for healthy wellbeing.

#### 5. Deep eldership connection

Increased one-on-one time between parents and kids has been a positive side effect of life in social isolation. The opportunity for parents to connect with children and young people with greater depth and meaning is a return to eldership, practised by past generations. Eldership, where parents shared their wisdom and their vulnerabilities with young people, when combined with healthy rites of passage is a time-honoured way of preparing young people for adulthood.

This period of social isolation has provided a rare opportunity for parents to renew and refresh their children's lifestyles, and in some circumstances, reboot family lives as well. It would be a waste to climb back on the busy roundabout of life once the COVID-19 pandemic has subsided, without making some positive changes to the way we live.

Parenting Ideas Webinar: Understanding techno tantrums

Key learning and discussion points include:

- The science behind why kids and teens have techno tantrums and find it challenging to switch off screens
- How to establish and enforce firm guidelines and boundaries
- How to be the pilot of the digital plane
- Researched based, realistic strategies to help develop healthy digital behaviours so that screen time doesn't always end in 'scream time'

#### How to access the webinar:

- Grab the voucher code below
- Use it in the online shop to reduce the webinar cost to \$0 in the cart
- Proceed to checkout
- Place order
- You will receive an email with instructions on how to view your webinar
- Add webinar to your calendar from the options provided
- Listen from the privacy of your own home

**N.B**: If you have missed a webinar that you registered for, you can listen to a recording. This can be found in the dashboard section of your account.



If you would like to receive our minutes and be notified about our events please <u>email</u> us and we will add you to our database.

Liga Hegner P&C President

## **Uniform Shop News**

#### Opening Hours

We expect that as of next week we will return to normal trading. The uniform shop is open between 8:15 - 11:30 Monday and Friday. Payment with tap 'n' go is the preferred method during this time.

Students are reminded that <u>online orders</u> can be picked up from the uniform shop at recess any day we are open.

#### Margaret Pritchard Uniform Shop Manager



## **Canteen News**

Now with students returning full time we will resume the winter menu for 2020. This has been attached to this newsletter and is also available on the P&C website. There will be social distancing measures within the canteen and in the student line up area. Only those actually purchasing should be in this area. Please follow all instructions given by canteen staff and adhere to the line markings that are in place.

Thank you for your patience as we gear up again and continue to operate with limited staff numbers to adhere to the distancing regulations that are still in place. Don't forget the minimum spend via EFTPOS is only \$2.00 and payment with tap 'n' go is the preferred method during this time.

There is no more year 7 line as we only do that for the first term to help the year 7's settle in. If you

have any questions regarding this information feel free to phone the school and ask to be put through to the Canteen. Online ordering is available as always.

Diane Flanders Canteen Supervisor

#### CASTLE HILL HIGH SCHOOL CANTEEN - WINTER MENU 2020

ROLLS & WRAPS	
1/2 wrap – Flame Grilled Chicken	\$3.50
1/2 wrap - Chicken Avocado & Rocket	\$3.50
½ wrap - Salad	\$3.00
1/2 wrap -Falafel, hummus, tabbouleh, lettuce, tomato	\$3.50
Chicken & Salad Roll	\$4.50
Chicken, Lettuce & Mayo Roll	\$4.20
Salad Roll	\$3.70
Buttered Roll	\$0.80
Unbuttered Roll	
SANDWICHES (White/Wholemeal/Multigrain)	
Chicken Lettuce & Mayo	\$4.00
Leg Ham	\$3.50
Chicken	\$3.50
Salad (lettuce, tomato, beetroot, cucumber, carrot)	\$3.50
Tuna & Lettuce	\$3.00
Egg & Lettuce	\$3.00
Egg / Curried Egg	\$2.50
Cheese & Tomato	\$2.50
Cheese	\$2.00
Ham and Cheese	\$2.50
Vegemite Sandwich	\$1.50
70	
RICE PAPER ROLLS: (Beef/ Chicken/ Vegetarian/	62.50
Tuna / Prawn)	\$3.50
SUSHI ROLLS: (Chicken/ Beef/ Vegetarian/ Salmon	\$3.50
/Tuna)	\$3.50
BREAKFAST - from 8.15am	
Ham & Cheese Toastie	\$2.50
Cheese Toastie	\$2.00
Toasted Banana bread (Full)	\$3.00
Raisin Toast – per slice	\$1.00
Toast and Vegemite – per slice	\$0.50
Hot Chocolate	\$2.00
SALADS / FRUIT	
Seasonal fresh fruit	\$1.00
Watermelon Tub	\$2.00
Bespoke Salads (order only). Various ingredients listed	
on Flexischools. Prices vary according to selection.	
Green Mixed Salad	\$4.50
Caesar Salad	\$4.50
Chicken Caesar Salad	\$5.00
Vegan Bowl	\$5.00
MILK	
I - D - 1 C - 0 - 500 - 1	\$3.50
Ice Break Coffee 500ml	
600ml Large Milk (Chocolate / Strawberry)	\$3.50
600ml Large Milk (Chocolate / Strawberry) 300ml Oak (Chocolate / Strawberry / Coffee/Vanilla)	\$2.00
600ml Large Milk (Chocolate / Strawberry) 300ml Oak (Chocolate / Strawberry / Coffee/Vanilla) 250ml Up & Go (Choc / Strawberry /Vanilla)	
600ml Large Milk (Chocolate / Strawberry) 300ml Oak (Chocolate / Strawberry / Coffee/Vanilla) 250ml Up & Go (Choc / Strawberry / Vanilla) Plain Milk 600ml	\$2.00 \$2.00 \$1.60
600ml Large Milk (Chocolate / Strawberry) 300ml Oak (Chocolate / Strawberry / Coffee/Vanilla) 250ml Up & Go (Choc / Strawberry /Vanilla)	\$2.00 \$2.00
600ml Large Milk (Chocolate / Strawberry) 300ml Oak (Chocolate / Strawberry / Coffee/Vanilla) 250ml Up & Go (Choc / Strawberry / Vanilla) Plain Milk 600ml Plain Milk 300ml ICE CREAMS	\$2.00 \$2.00 \$1.60 \$1.00
600ml Large Milk (Chocolate / Strawberry) 300ml Oak (Chocolate / Strawberry / Coffee/Vanilla) 250ml Up & Go (Choc / Strawberry / Vanilla) Plain Milk 600ml Plain Milk 300ml ICE CREAMS Paddlepop Shaky Shake	\$2.00 \$2.00 \$1.60
600ml Large Milk (Chocolate / Strawberry) 300ml Oak (Chocolate / Strawberry / Coffee/Vanilla) 250ml Up & Go (Choc / Strawberry / Vanilla) Plain Milk 600ml Plain Milk 300ml ICE CREAMS Paddlepop Shaky Shake Juices	\$2.00 \$2.00 \$1.60 \$1.00 \$2.50 \$1.00
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600ml Large Milk (Chocolate / Strawberry) 300ml Oak (Chocolate / Strawberry / Coffee/Vanilla) 250ml Up & Go (Choc / Strawberry / Vanilla) Plain Milk 600ml Plain Milk 300ml ICE CREAMS Paddlepop Shaky Shake Juices	\$2.00 \$2.00 \$1.60 \$1.00 \$2.50 \$1.00
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600ml Large Milk (Chocolate / Strawberry) 300ml Oak (Chocolate / Strawberry / Coffee/Vanilla) 250ml Up & Go (Choc / Strawberry / Vanilla) Plain Milk 600ml Plain Milk 300ml ICE CREAMS Paddlepop Shaky Shake Juices Frozen Yoghurt Paddlepop (Chocolate / Rainbow)	\$2.00 \$1.60 \$1.00 \$2.50 \$1.00 \$2.50 \$2.50

HOT FOOD	_
Flame Grilled Chicken Burger	\$5.00
Classic Chicken Burger	\$5.00
Chicken nuggets includes sauce	\$3.00
Mrs Mac Pie (Beef)	\$3.50
Traveller Pie (Beef & Pepper)	\$3.50
Spinach & Ricotta Roll	\$3.50
Pork Dumplings with Soy Sauce (x4)	\$3.00
Hot Cheese Roll	\$2.00
Giant Sausage Roll	\$3.50
Garlic Bread (small)	\$1.50
Garlic Bread (smarr) Garlic Bread (large)	\$2.50
Cheese Toastie	\$2.00
Ham & Cheese Toastie	\$2.50
Vegetable Pastie	\$3.50
Hot Soup (Pumpkin or Chicken Noodle)	\$3.50
Hot Soup and Bread Roll	\$4.00
Sauce sachet (Tomato or BBQ)	\$0.20
DRINKS	\$0.20
Pump Water 750ml (Plain)	\$3.00
Flavored Pump Water 750ml (Lime/ Lemon/Berry)	\$3.00
Water 600ml	\$2.00
	\$3.00
Iced Tea (Peach / Mango/ Lemon)	\$2.00
Nippy Juice (Apple/Tropical/Orange/B-Currant & Apple) 250ml	\$2.00
Glee (Bubblegum/ Raspberry/ Blackcurrant/ Tropical)	\$2.00
Nippy 100% Juice (Orange or Apple ) 450ml	\$3.50
EXTRAS	
Chips (Honey Soy, BBQ, Sea Salt, Salt & Vinegar)	\$1.50
Plain Popcorn 20g	\$1.00
Mamee Rice Sticks (Cheese)	\$1.00
Mamee Noodle Snacks (Chicken)	\$1.00
Piranha Vege Crackers (BBQ or Honey Soy)	\$1.00
Delites (Salt and Vinegar, Sour Cream and Chives)	\$1.00
Eucalyptus Drops 25g	\$1.00
Finger Buns	\$2.50
Homemade Choc-Chip Cookie	\$1.00
Homemade Raisin Cookie	\$1.00
Crispy Fruits (P/Apple/Mango/Apple/Strawberry	\$1.50

<u>Daily Specials</u> Mon: Pasta Bolognaise	\$5.00
Tue: Sweet Chili Chicken Wrap	\$5.00
Wed: Beef Slider	\$5.00
Thu: Butter Chicken	\$5.00
Fri: Nachos	\$5.00

EXTENSIVE GLUTEN FREE MENU AVAILABLE AT CANTEEN \*\*ORDER ONLY\*\*



**Council's Compliance Officers enforce** parking signs at your school.

When it comes to the safety of vulnerable road users like school children, drivers found breaking the law will be met with zero tolerance. When an offence is detected, you will be fined.



#### **NO STOPPING**

#### You must not STOP at any time.

Stopping includes when the vehicle is not moving but the engine is still running.

#### SCHOOL ZONE



#### **NO PARKING**

You can stop only to drop off or pick up passengers or goods and you must not stop for more than 2 minutes and The driver must stay within 3 metres of your vehicle. Stopping includes when the vehicle is not moving but the engine is still running.

#### **SCHOOL ZONE**



#### **BUS ZONES**

You must not stop your vehicle in a Bus Zone unless you are driving a public bus.

Stopping includes when the vehicle is not moving but the engine is still running.

#### SCHOOL ZONE



#### **DRIVEWAYS**

You must not park your car over or block access to a driveway. You can stop in a driveway to drop off or pick up passengers BUT only for less than 2 minutes AND the driver must stay with

#### SCHOOL ZONE

3 Columbia Court, Baulkham Hills NSW 2153 PO Box 7064, Baulkham Hills BC 2153 Phone 02 9843 0555 Email council@thehills.nsw.gov.au Facsimile 02 9843 0409 www.thehills.nsw.gov.au

## There are now increased penalties and demerit points associated with all offences in School Zones.



#### **NO PARKING**

You have no more than 2 minutes for drop-offs or pick-ups and must stay within 3 metres of your vehicle.

Penalty from \$191 and 2 demerit points



#### **NO STOPPING**

Under no cicumstances are you permitted to stop on a length of road to which a No Stopping Sign applies.

Penalty from \$344 and 2 demerit points



#### **BUS ZONE**

You must not stop your vehicle in the indicated zone unless you are driving a public bus.

Penalty from \$344 and 2 demerit points

Double parking

Stop on path or nature strip

Stop on / near marked pedestrian/children's crossing

Approach children's crossing too quickly to stop safely

Illegal U turns

Stop across driveway

Drive using a hand held mobile phone

Parallel park close to (within 3 metres) double centre line \$344 & 2 demerit points

\$344 & 2 demerit points

\$344 & 2 demerit points

\$457 & 2 demerit points

\$572 & 4 demerit points

\$457 & 4 demerit points

\$344 & 2 demerit points

\$457 & 5 demerit points

**FINES CURRENT AS OF JULY 2019** For a complete list of school zones offences visit www.rms.nsw.gov.au

3 Columbia Court, Baulkham Hills NSW 2153 PO Box 7064, Baulkham Hills BC 2153 Phone O2 9843 0555 Email council⊕thehills.nsw.gov.au Facsimile O2 9843 0409 www.thehills.nsw.gov.au