

Volume 14—23rd October 2020

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Volume 14-23rd October 2020

Principal's Message

Special points of interest:

- What I can I do to help
- My story
- Library Books
- Library
- Lockers
- Careers News
- Debating
- P&C news
- Uniform and Canteen

The 2020 Higher School Certificate has begun

After such a tumultuous year, our 2020 HSC students, along with all in the state, finally began their examinations on Tuesday 20 October. It was a challenge for our Presiding Officer, Mr Ted Mulherin, a veteran of more than 15 years at the helm, as this year there were limitations on the number of students in any one venue. For the English exams, 16 venues across the school had to be found and many more supervisors inducted into the precise rules covering the management of the HSC. It was challenging, but they did a sterling job. All was smooth and that is a relief to me, the DP in charge of Year 12, Ms Dane, and all teachers.

Students were calm, focused and determined – exactly the way we like it! The HSC tutoring continues during twilight hours. Again, this is sponsored by our very generous P& C. I know that students are grateful – and so am I.

Prefect Induction – 15 October

We had a wonderful ceremony to announce and induct our new student leadership team for 2021.

I am delighted to announce again the following executive of the student leaders:

Captains: Ellen Dickinson and Joel Tedesco **Vice Captains:** Natalie Baily and Zac Fairnham

SRC Presidents: Aisha Barr and Emmanuel Echevarria SRC Coordinators: Kyah Bedano and Angus Edwards

Congratulations also must go to our sports captains, house leaders and CAPA captains.

We have so many fine students at this school. I certainly feel fortunate to walk amongst them.





Debating 2020 style

Debating this year, under the watchful eye of Ms Cassidy, has been flourishing. COVID wasn't going to impact, instead ZOOM debates have occurred and successful they have been. There is a full report later in this newsletter but congratulations go to:

- The Year 8 team who won all 3 debates in their preliminary rounds, including one against James Ruse
- Year 10 who are still mid stream in their rounds but are going well
- Year 7 who while new to the art and craft of debating have learned much to carry forward next year
- Year 9 who have won four debates and will next contest Sydney Girls High School soon.

Debating is such a skill. Students have to construct an argument (that they may not agree with!), find evidence to substantiate their case, refute arguments from the other side, all while speaking coherently, logically, convincingly and with clarity. This is no mean feat!

Upgrades to the school

As advised previously, student toilets will be increased, with a renovation of the changerooms behind the current toilets. As we know this can't come soon enough. Mr Mitchell has met with supervisors and architects to begin preliminary planning prior to the tendering process. I am reliably informed that we will be operational with this new facility in 6 months time. That's good news.

Equally as good is an announcement about a COLA. We will be using school funds to build a COLA over the quadrangle providing shade in summer, respite from the rain, an outdoor classroom, a facility for outdoor assemblies and a pleasant recreational area for students. I am hoping it will look magnificent. At around \$700,000, you would want it to be!

It's taken the school a decade to save for this. Your voluntary contributions to the school will ensure that we can continue to provide the best resources and facilities to maximise learning and wellbeing for students.

We will commence planning for this in 2021 but not until the toilets have been completed, the demountables are set and staffrooms have been renovated.

2021 start date

A change to the school development days (SDDs) where teachers meet to undergo professional learning and planning will occur from next year. Instead of the allocation of one day at the beginning of term 1, there will be two SDDs for teachers on the first two days of term 1. This will be compensated by a reduction from two days to one day at the end of term 4. Therefore in 2021:

- Wednesday 27 January and Thursday 28 January will be SDDs for teachers only
- Friday 29 January Year 7,11 and 12 will return to school
- **Monday 1 February** Year 8,9,10 will return to school

Office hours

We are trialling a change to hours of phone access to our reception. We used to have a receptionist available on the phone up until 4 pm each day. But very few calls are made to the school after 3.30pm. We are trialling the use of the receptionist up until 3.30pm. Any calls thereafter will be recorded on voice mail and attended to the following day.

We await your feedback on this and will be ready to change back if there is a perceived need.

Always was, always will be

We will celebrate NAIDOC week in week 5 with this year's theme "Always was, always will be". Ms Talua (nee Ms Corcoran Roberts) will be leading curriculum work on this important area of learning

Art Express

Congratulations go to Kaylah Williams on her stunning art pieces, a series of beautiful pencil drawings capturing famous people. Kaylah has been selected for possible inclusion into Art Express. Wonderful news.

Vicki Brewer Principal













Do you eat bread, potatoes, anything that has a plastic clip?

If so, please start collecting and dropping them off to the payments office.

The bread tags are collected and donated to Aussie Bread Tags for Wheelchairs - https://ozbreadtagsforwheelchairs.org.au/.

This organisation works with a recycling company in South Australia to melt the clips down and makes items out of the clips. The proceeds go to fund the purchase of a wheelchair for someone in need.



Do you drink soft-drink, milk or water from a bottle?

Yes, please wash, remove freshness seal and drop them off to the payments office.

They are currently updating their website but please have a look at their Facebook Page - https://www.facebook.com/Lids4KidsAU/

These lids are then sorted into colours and numbers and transported to Canberra for recycling. Lids 4 Kids have just bought their own granulator to start creating all different items to benefit Children.





Thank you for your ongoing support,

Jo Perkins, School Administrative Manager

My Story

Why I decided to go into teaching:

36 years ago, I was posted to a state school for boys to teach languages and history and I am very grateful for the fulfilling journey this wonderful profession has provided since then. The Languages Faculty is very fortunate to enjoy the support we get at CHHS. It is so rewarding when students contact you once they have left school to discuss a study tour they went on or how they are using their languages.

Why did I chose to teach these two subjects?

It was my father who instilled a love for both subjects in me and a desire to do so in "Every language opens a new door", he used to say. At fourteen, during the Depression years in the Netherlands, he was a bricklayer by day but at night, he learnt a constructed international language called Esperanto (meaning "One who hopes"). He became a fervent supporter of the Esperanto movement believing that this phonetical language, which could be learnt within a few months and was not tied to politics, would become a valuable tool in fostering world peace. When he was 19, the head of his town's newspaper, to whom he had taught Esperanto, organised sponsors to provide a bicycle and tyres. Between 21 July and 27th October, 1935, my father cycled 11 000 km, through 12 countries in Europe and North Africa, meeting up with Esperantists, who talked to him, allowed him to sleep in their barns, provided him with food or let him use their well water to wash himself. He sent daily post cards back to the newspaper editor for publication. Before the internet, at the time of tensions in Europe due to the Depression and the rise of the Nazi Party, immense interest was shown in his daily observations and discussions he had had (all in Esperanto). In turn, throughout my childhood, we had more than 200 International visitors, mainly Esperanto enthusiasts or Rotary exchange students, stay in our home, (anything from 1 day to months)!

My love for history started to develop from a young age as a result of the stories he told me of his time as a stretcher bearer on the Normandy Beaches during the D-Day campaign and other battles, in 1944. Being around eyewitnesses to that war, sparked an interest in history and the desire to pass this on to others.

Hence the reason for studying history and several languages at and after Uni, and how to teach them! (PS: Unfortunately, Esperanto did not take off as hoped, but that is another story, English being the international world language instead.)

Illone Windrim Language Teacher

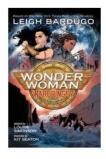




Beeks in the Library









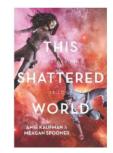






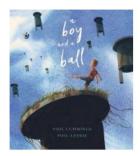






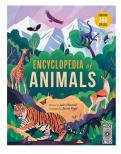










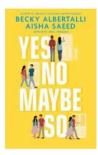




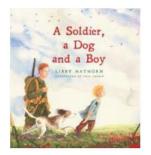
















CHHS Library News



BOOK Week in CHHS Library

This week is Book Week in the Library. We are running Book Week over 2 weeks so we can double the FUN. This year in Book Week, the Whole School is starting the day with reading. Students can either

- Bring their own book
- Borrow a book from the library
- Borrow an eBook
- Read the short story we provide each day in the Daily Notices on Sentral.

Our feedback from both students and staff is that starting the day with reading is fantastic.

We are also doing Book Crafts each day in the library. Students can win a lollypop by doing a complicated maze. It is all part of the Book Week fun.

Our major competition for Book Week is Book Bento. Book Bento can be described as "a book with stuff". The "stuff" should be intentionally chosen and needs to represent the book in some way. Here's how to create a Book Bento.

- Gather all the physical stuff that might help you tell your story. You will need the book cover, artefacts, objects, images, relevant news or magazine clippings
- 2. Select a background intentionally. Consider colour, fabric, tile, timber.
- 3. Assemble the items artfully in the shape of a square, keeping in mind design elements such as, spacing, connections and colour
- 4. Take a photograph. Edit the image so that it is square.
- Submit your Book Bento on our website: https://castlehillhigh.libguides.com/welcome/bookweek

You MAY enter this competition more than once.

Your entry MUST be original and all your own creative work.

Entries close on Friday 30 October (Week 3).



First PrizeBento Box filled with stationary



Second Prize \$20 Dymocks voucher with stationary





Third prize \$20 Dymocks voucher

LOCKERS UPDATE 2020 /2021

Please be advised that I am working through allocating lockers to those on the waiting list. Locker Payments for each year run from Term 4 – Term 3. This allows me to clear out Year 12 lockers as they leave the school end of Term 3 and allocate to those on the waiting list. We only have 557 lockers for over 1900 children so as you can appreciate the waiting list is long.

Statements have been sent out this week which include the Locker Renewal of \$20.00 for 2020/2021. This needs to be paid for this term, or I will contact your child and ask them to remove their items and they will lose that locker.

If your child no longer wishes to have a locker, please have them clean it out and return the key or lock and I will remove from your fees.

YEAR 12, 2020 - LOCKER CLEAR OUT - URGENT

I still have a number of year 12 students that have not cleared out their locker and returned the key/lock to me.

I understand that they are preparing and doing HSC Exams, but if they could be reminded that this needs to happen asap and whilst here doing an exam, clear it out one of the days and return to me. Your assistance with this is appreciated.

Thank you

Administration Office



Careers NEWS:

With so many cancellations and disappointments coming at us in all directions, there were minimal Careers activities this year!

It comes as a modest positive to inform the Castle Hill High School community that the RTO, Coastal OHS Services are bringing White Card training to the school on Wednesday 18th November. This will take the entire school day – and with an early 8.15AM start. If you would like to have this qualification, please contact me as soon as possible. There is a cost for this course – but it is at a discounted rate for students.

"White Card is the common name for the 'Prepare to Work Safely in the Construction Industry CPCCWHS1001' training course. Holding a valid **White Card** means that you have completed official, certified general construction induction training with a registered organisation within Australia".

Students who are keen to get work experience within the trade areas need The White Card. Please don't hesitate to contact me if you would like more information.

This has been mentioned in the most recent Careers NEWSLETTER and these are sent to all parents and carers of Years 9 -12 students and directly to the Department emails of our Years 10 -12 students.

Jane Curran

Careers Adviser



Students from Years 7 through to 11 have continued to achieve outstanding debating results in late Term 3 and early Term 4. Years 9 to 11 have participated in a knock out style competition this year while Years 7 and 8 have stuck to the round robin structure

Here are the results so far:

Year 11 - Tara Adamsons, Zac Fairnham, Trinity Loader and O'Felia Zhao won their first round debate against Turramurra High and then met Caringbah High in the second round where their journey finished this year. They are an outstanding group of speakers and it just wasn't to be this year (after reaching the Quarter Finals last year).

Year 10 - Dominique Martin, Emilia Pang, Priya Patel and Jemma Ryan proceeded to the repechage round against Taree High and won! They backed up this resurgence with help from Sria Gurie, Payton Hardey, Aarya Sambal and Georgia Titterton of Year 9 who won against Condell Park High. Year 10 then went on to victory against Asquith Girls' High but met their match against Sydney Technical High.

Year 9 - Amalia Betts, Alisha Pillay, Nirvana Shah and Ananya Sharma won their first round and second round debates against Hunters Hill High and Crestwood High. Next up was Toormina High when they notched up another win. So, onto round four and Sydney Girls' High and, in a spirited debate about the environment, they unfortunately ended their magnificent run this year.

After Year 7 and 8 debated each other, the "A Team" continued to hone their skills with debates against Crestwood High and James Ruse High. Many Year 7 students got the chance to be a part of this development squad and they learned so much along the way. The students included: Elizabeth McShane, Adaya Khan, Josh Scott, Qi Zhan, Aleisha McCrea, Taj Beri, Harry Nutting, Tabitha Wright, Evie Hine, Alyssa Tedesco and William Go.

Meanwhile, after the Year 8's first win, this powerhouse team went on to also face Crestwood and James Ruse, magnificently named as the successful team on both occasions and Zone Champions. What an achievement! "Team B" (Amelie Martin,

Krish Joshi, Helen Liu, Alina Hawron, Emma Geng) will now debate Sydney Boys' High in Week 4 so stay tuned!

Once again, I would like to thank all students and fellow teachers for their continuing words of encouragement. A special note of thanks to Mrs Matthews, Mrs Roberts, Ms Curran, Ms Bacales, Mrs Rizzo and all who reside in the Library - they have been so accommodating at all times and the students and I really appreciate their support.

Ms Anita Cassidy





We had our second P&C zoom meeting on Wednesday night and will continue to meet in this manner until further notice. Although many of us have virtual meeting fatigue there is no doubt that it has never been easier to attend a P&C meeting. We have also changed our meeting start time to 7:00PM with all in favour of the earlier finish time. Thank you to those parents who attended for the first time. It was great to have you present and we look forward to seeing you again.

It is with great sadness that I announce the resignation of Wendy from her role as secretary. Wendy has been a great support to me in my time as President. She is extremely efficient and tremendously dedicated with a 10-year history of volunteering across a number of roles both in the primary and high school setting. With a son embarking on the HSC and increased work commitments Wendy will step back from active volunteering at the end of this week. Thank you, Wendy, for your dedication and support. You have been simply amazing!

We have established our budget for next year and set our meeting dates for 2020. Both will be formally accepted at our next meeting. We are very keen to hear from parents and students about how we can spend our money. Please <a href="mailto:email

Nominations are now open for the NSW P&C Volunteer of the Year 2020. If you have a candidate for this prestigious award please get in touch. A finalist is chosen from each of the 16 electorates by independent judges with the ultimate winner being announced at the P&C Federation's 2021 awards dinner in February.

The P&C Federation have recently run a series of webinars. Recordings of these can be found here.

The Australian Apprenticeships and Traineeships Information Service (AATIS) is seeking parents' input into the future of Vocational Education and Training (VET). They require your help to better understand the attitudes and perceptions related to the amount of reliable information parents have about the future of work and the impact of digital technologies on vocational career pathways for young people. The survey can be accessed here.

Parenting Ideas: Upcoming webinar

Parenting like a cat and dog, 11 November, 8-9PM

Effective parents use more than one style when communicating with their families. They know how to alter

their style to suit the situation. In this webinar, Michael Grose uses cat and dog metaphors to introduce parents to two diverse styles of parenting. This will increase their ability and confidence to manage, nurture and build relationships with their children. The cat-dog approach to parenting is fun, easy to use, respectful and maximises parent effectiveness in challenging situations.

View video overview

Key learning and discussion points include:

- How parents can identify their natural style and work harmoniously with their partner and/or support networks
- Building confidence to manage children who relish getting their own way
- Constructive ways to adjust communication so that it meets the individual needs of children
- Effective methods to communicate with anxious children so they feel supported, safe and listened to
- Techniques to adapt parenting styles as children move into adolescence Register here and apply the voucher code METAPHOR at checkout.

The next P&C meeting will be on November 18th. Please join the conversation. Liga Hegner

Uniform Shop News



Summer

OPENING HOURS TERM 4 2020

TUESDAY AND FRIDAY 8.15 TO 11.30AM

CHECK SKIRTS FOR GIRLS GOING INTO YEAR 11 2021 ARE AVAILABLE and can be worn in TERM 4.

THE BLOUSE IS THE SAME AS YEAR 10

BOYS May purchase BLUE SHORTS AND/ OR BLUE TROUSERS FOR YEAR 11 2021 AND CAN BE WORN IN TERM 4.

The SHIRT is the same as YEAR 10

Some smaller sizes in BOYS BLUE SHORTS will be available in a few weeks. The stock we were sent was incorrect and had to be returned and remade.

GIRLS IN YEARS 7-9 NEED A SUMMER DRESS. BOYS SHORTS OR TROUSERS IN GREY AND THE SAME SHIRT.

ONLINE ORDERS

Available to pick up at Recess on Tuesdays and Fridays. Margaret Pritchard Uniform Shop Co-ordinator



CASTLE HILL HIGH SCHOOL CANTEEN - SUMMER MENU 2021

1/ uran Ham Chasas 9 Calad	
1/2 wrap - Ham Cheese & Salad	\$3.50
1/2 wrap - Chicken Avocado & Rocket	\$3.50
1/2 wrap - Salad	\$3.00
Chicken & Salad Roll	\$4.00
Chicken, Lettuce & Mayo Roll	\$4.20
Salad Roll	\$3.70
Buttered Roll	\$1.00
Unbuttered Roll	\$0.80
SANDWICHES (White/Wholemeal/Multigrain)	40.00
Chicken Lettuce & Mayo	\$4.00
Leg Ham	\$3.00
Chicken	\$3.50
Salad (lettuce, tomato, beetroot, cucumber, carrot)	\$3.50
Tuna & Lettuce	\$3.00
Egg & Lettuce	\$2.50
Egg / Curried Egg	\$2.00
Cheese & Tomato	\$2.50
Cheese & Tornato	\$2.00
	\$2.50
Ham and Cheese	\$2.50
RICE PAPER ROLLS: (Beef/ Chicken/ Vegetarian/ Tuna / Prawn)	\$3.50
SUSHI ROLLS: (Chicken/ Beef/ Vegetarian/Tuna/ Salmon (\$4))	\$3.50
BREAKFAST – from 8.15am	
Ham & Cheese Toastie	\$2.50
Cheese Toastie	\$2.00
Toasted Banana bread (Full) /Half \$1.50	\$3.00
Raisin Toast – per slice	\$1.00
Toast and Vegemite – per slice	\$0.50
Smoothies – Berry / Mango	\$3.00
SALADS / FRUIT	
Seasonal fresh fruit	\$1.00
Watermelon Tub	\$2.00
	\$2.00
Fruit Salad Tub	\$3.00
Fruit Salad Tub Frozen Fruit Bespoke Salads (order only). Various ingredients	\$3.00
Fruit Salad Tub Frozen Fruit	\$3.00 \$1.00
Fruit Salad Tub Frozen Fruit Bespoke Salads (order only). Various ingredients listed on Flexischools. Prices vary according to selection.	\$3.00 \$1.00 varies
Fruit Salad Tub Frozen Fruit Bespoke Salads (order only). Various ingredients listed on Flexischools. Prices vary according to selection. Green Mixed Salad Caesar Salad	\$3.00 \$1.00 varies \$4.50 \$4.50
Fruit Salad Tub Frozen Fruit Bespoke Salads (order only). Various ingredients listed on Flexischools. Prices vary according to selection. Green Mixed Salad Caesar Salad Chicken Caesar Salad Vegan Bowl (Salad, Pumpkin, Pepitas, Black Bean,	\$3.00 \$1.00 varies \$4.50
Fruit Salad Tub Frozen Fruit Bespoke Salads (order only). Various ingredients listed on Flexischools. Prices vary according to selection. Green Mixed Salad Caesar Salad Chicken Caesar Salad Vegan Bowl (Salad, Pumpkin, Pepitas, Black Bean, Sweetcorn, Sauerkraut)	\$3.00 \$1.00 varies \$4.50 \$4.50 \$5.00
Fruit Salad Tub Frozen Fruit Bespoke Salads (order only). Various ingredients listed on Flexischools. Prices vary according to selection. Green Mixed Salad Caesar Salad Chicken Caesar Salad Vegan Bowl (Salad, Pumpkin, Pepitas, Black Bean, Sweetcorn, Sauerkraut) Chicken Pasta Salad w Salsa Verde	\$3.00 \$1.00 varies \$4.50 \$4.50 \$5.00
Fruit Salad Tub Frozen Fruit Bespoke Salads (order only). Various ingredients listed on Flexischools. Prices vary according to selection. Green Mixed Salad Caesar Salad Chicken Caesar Salad Vegan Bowl (Salad, Pumpkin, Pepitas, Black Bean, Sweetcorn, Sauerkraut) Chicken Pasta Salad w Salsa Verde MILK	\$3.00 \$1.00 varies \$4.50 \$4.50 \$5.00 \$5.00
Fruit Salad Tub Frozen Fruit Bespoke Salads (order only). Various ingredients listed on Flexischools. Prices vary according to selection. Green Mixed Salad Caesar Salad Chicken Caesar Salad Vegan Bowl (Salad, Pumpkin, Pepitas, Black Bean, Sweetcorn, Sauerkraut) Chicken Pasta Salad w Salsa Verde MILK Ice Break Coffee 500ml	\$3.00 \$1.00 varies \$4.50 \$4.50 \$5.00 \$5.00 \$5.50
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Fruit Salad Tub Frozen Fruit Bespoke Salads (order only). Various ingredients listed on Flexischools. Prices vary according to selection. Green Mixed Salad Caesar Salad Chicken Caesar Salad Vegan Bowl (Salad, Pumpkin, Pepitas, Black Bean, Sweetcorn, Sauerkraut) Chicken Pasta Salad w Salsa Verde MILK Ice Break Coffee 500ml 500ml Large Milk (Chocolate / Strawberry) 300ml Oak (Chocolate / Strawberry / Coffee/Vanilla) 250ml Up & Go (Choc / Strawberry / Vanilla) Plain Milk 300ml Plain Milk 300ml ICE CREAMS Paddlepop Shaky Shake (Chocolate) Juicies (Tropical / Wild Berry)	\$3.00 \$1.00 varies \$4.50 \$5.00 \$5.00 \$5.50 \$3.50 \$2.00 \$1.00 \$2.50 \$1.00
Fruit Salad Tub Frozen Fruit Bespoke Salads (order only). Various ingredients listed on Flexischools. Prices vary according to selection. Green Mixed Salad Caesar Salad Chicken Caesar Salad Vegan Bowl (Salad, Pumpkin, Pepitas, Black Bean, Sweetcorn, Sauerkraut) Chicken Pasta Salad w Salsa Verde MILK Ice Break Coffee 500ml 500ml Large Milk (Chocolate / Strawberry) 300ml Oak (Chocolate / Strawberry / Coffee/Vanilla) 250ml Up & Go (Choc / Strawberry / Vanilla) Plain Milk 300ml Plain Milk 300ml ICE CREAMS Paddlepop Shaky Shake (Chocolate) Juicies (Tropical / Wild Berry) Coconut Juicies (Mango/Strawberry)	\$3.00 \$1.00 varies \$4.50 \$5.00 \$5.00 \$5.50 \$3.50 \$2.00 \$1.00 \$2.50 \$1.00 \$1.50
Fruit Salad Tub Frozen Fruit Bespoke Salads (order only). Various ingredients listed on Flexischools. Prices vary according to selection. Green Mixed Salad Caesar Salad Chicken Caesar Salad Vegan Bowl (Salad, Pumpkin, Pepitas, Black Bean, Sweetcorn, Sauerkraut) Chicken Pasta Salad w Salsa Verde MILK Ice Break Coffee 500ml 500ml Large Milk (Chocolate / Strawberry) 300ml Oak (Chocolate / Strawberry / Coffee/Vanilla) 250ml Up & Go (Choc / Strawberry / Vanilla) Plain Milk 600ml Plain Milk 300ml ICE CREAMS Paddlepop Shaky Shake (Chocolate) Juicies (Tropical / Wild Berry) Coconut Juicies (Mango/Strawberry) Twisted Frozen Yoghurt `(Vanilla & Choc/Strawberry)	\$3.00 \$1.00 varies \$4.50 \$5.00 \$5.00 \$5.50 \$3.50 \$2.00 \$1.00 \$1.00 \$1.50 \$2.50
Fruit Salad Tub Frozen Fruit Bespoke Salads (order only). Various ingredients listed on Flexischools. Prices vary according to selection. Green Mixed Salad Caesar Salad Chicken Caesar Salad Vegan Bowl (Salad, Pumpkin, Pepitas, Black Bean, Sweetcorn, Sauerkraut) Chicken Pasta Salad w Salsa Verde MILK Ice Break Coffee 500ml 500ml Large Milk (Chocolate / Strawberry) 300ml Oak (Chocolate / Strawberry / Coffee/Vanilla) 250ml Up & Go (Choc / Strawberry / Vanilla) Plain Milk 600ml Plain Milk 300ml ICE CREAMS Paddlepop Shaky Shake (Chocolate) Juicies (Tropical / Wild Berry) Coconut Juicies (Mango/Strawberry) Twisted Frozen Yoghurt `(Vanilla & Choc/Strawberry) Paddlepop (Chocolate / Rainbow)	\$3.00 \$1.00 varies \$4.50 \$5.00 \$5.00 \$5.50 \$3.50 \$2.00 \$1.00 \$1.00 \$1.50 \$2.50 \$2.50 \$2.50
Fruit Salad Tub Frozen Fruit Bespoke Salads (order only). Various ingredients listed on Flexischools. Prices vary according to selection. Green Mixed Salad Caesar Salad Chicken Caesar Salad Vegan Bowl (Salad, Pumpkin, Pepitas, Black Bean, Sweetcorn, Sauerkraut) Chicken Pasta Salad w Salsa Verde MILK Ice Break Coffee 500ml 500ml Large Milk (Chocolate / Strawberry) 300ml Oak (Chocolate / Strawberry / Coffee/Vanilla) 250ml Up & Go (Choc / Strawberry / Vanilla) Plain Milk 600ml Plain Milk 300ml ICE CREAMS Paddlepop Shaky Shake (Chocolate) Juicies (Tropical / Wild Berry) Coconut Juicies (Mango/Strawberry) Twisted Frozen Yoghurt `(Vanilla & Choc/Strawberry) Paddlepop (Chocolate / Rainbow) Vanilla Ice Cream Cups	\$3.00 \$1.00 varies \$4.50 \$5.00 \$5.00 \$5.50 \$3.50 \$2.00 \$1.00 \$1.00 \$1.50 \$2.50 \$2.50 \$1.50
Fruit Salad Tub Frozen Fruit Bespoke Salads (order only). Various ingredients listed on Flexischools. Prices vary according to selection. Green Mixed Salad Caesar Salad Chicken Caesar Salad Vegan Bowl (Salad, Pumpkin, Pepitas, Black Bean, Sweetcorn, Sauerkraut) Chicken Pasta Salad w Salsa Verde MILK Ice Break Coffee 500ml 500ml Large Milk (Chocolate / Strawberry) 300ml Oak (Chocolate / Strawberry / Coffee/Vanilla) 250ml Up & Go (Choc / Strawberry / Vanilla) Plain Milk 600ml Plain Milk 300ml ICE CREAMS Paddlepop Shaky Shake (Chocolate) Juicies (Tropical / Wild Berry) Coconut Juicies (Mango/Strawberry) Twisted Frozen Yoghurt `(Vanilla & Choc/Strawberry) Paddlepop (Chocolate / Rainbow)	\$3.00 \$1.00 varies \$4.50 \$5.00 \$5.00 \$5.50 \$3.50 \$2.00 \$1.00 \$1.00 \$1.50 \$2.50 \$2.50 \$2.50

HOT FOOD	
Flame Grilled Chicken Burger	\$5.00
Classic Chicken Burger	\$5.00
Chicken nuggets includes sauce	\$3.00
Four-N-Twenty Traveller Pie (Pepper)	\$3.50
Mrs Mac Pie (Beef)	\$3.50
Mrs Mac Potato Top Pie	\$4.00
Spinach & Ricotta Roll	\$3.50
Pork Dumplings with Soy Sauce (x4)	\$3.00
Hot Cheese Roll	\$2.00
Sausage Roll	\$3.50
Garlic Bread (small)	\$1.50
Garlic Bread (large)	\$2.50
Lasagne	\$4.50
Cheese Toastie	\$2.00
Ham & Cheese Toastie	\$2.50
Vegetable Pastie	\$3.50
Sauce sachet (Tomato or BBQ)	\$0.20
DRINKS	
Pump Water 750ml (Plain)	\$3.00
Flavored Pump Water 750ml (Lime/ Lemon)	\$3.00
Water 600ml	\$2.00
Nippys Fruit Juice 250ml	\$2.00
(Orange/Apple/Tropical/B/currant)	
Iced Tea (Peach/ Mango/ Lemon)	\$3.00
Glee (Bubblegum/ Raspberry/ Blackcurrant/ Tropical)	\$2.00
Nippys Fresh Juice 450ml (Apple / Orange)	\$3.50
Waterfoods Lite & Fruity Sparkling Water	\$2.50
EXTRAS	
Chips (Honey Soy, Sea Salt, Salt & Vinegar)	\$1.50
Plain Popcorn 20g	\$1.30
Mamee Rice Sticks (Cheese)	\$1.00
Mamee Noodle Snacks (Chicken)	\$1.00
Piranha Vege Crackers (BBQ or Honey Soy)	\$1.00
Delites (Salt and Vinegar, Sour Cream and Chives)	\$1.00
Eucalyptus Drops 25g	\$1.00
Crispy Fruits (Mango, Pineapple, Apple, Strawberry)	\$1.50
Chocolate Mousse	\$1.00
Finger Buns	\$2.50
	\$1.00
Homemade Choc-Chip Cookie	4

Daily Specials	
Mon: Pasta Bolognaise	\$5.00
Tue: Sweet Chili Chicken Wrap	\$5.00
Wed: Beef Sliders w Relish	\$5.00
Thu: Japanese Chicken Curry w Rice	\$5.00
Fri: Nachos	\$5.00

GLUTEN FREE MENU AVAILABLE **ORDER ONLY**



Calendar

Week 3B

Monday 26th October Tuesday 27th October Wednesday 28th October Thursday 29th October Friday 30th October Year 9 Exam Week

Week 4A

Monday 2nd November Tuesday 3rd November Wednesday 4th November Thursday 5th November Friday 6th November Year 10 Exam Week

Week 5B

Monday 9th November Tuesday 10th November Wednesday 11th November Thursday 12th November Friday 13th November Year 7 Exam Week HSC Written Examinations conclude

Year 12 Clearance Day