

CASTLE HILL HIGH SCHOOL CANTEEN – WINTER MENU 2018

ROLLS & WRAPS	
½ wrap - Ham Cheese & Salad	\$2.50
½ wrap - Chicken Avocado & Rocket	\$2.50
½ wrap - Salad	\$2.50
½ wrap -Falafel, hummus, tabbouleh, lettuce, tomato	\$2.50
Chicken & Salad Roll	\$4.00
Chicken, Lettuce & Mayo Roll	\$3.70
Salad Roll	\$3.70
Buttered Roll	\$0.80
Unbuttered Roll	\$0.70
SANDWICHES (White/Wholemeal/Multigrain)	
Chicken Lettuce & Mayo	\$3.50
Leg Ham	\$3.00
Chicken	\$3.00
Salad (lettuce tomato beetroot cucumber carrot)	\$3.50
Tuna & Lettuce	\$3.00
Egg & Lettuce	\$2.50
Egg	\$2.00
Cheese & Tomato	\$2.50
Cheese	\$2.00
Ham and Cheese	\$2.50
Buttered Bread	\$0.70
Unbuttered Bread	\$0.60
RICE PAPER ROLLS	\$3.50
SUSHI ROLLS: Chicken / Beef / Vegetarian / Salmon / Tuna	\$3.00
BREAKFAST – from 8.15am	
Toasted Ham & Cheese Sandwich	\$2.50
Toasted Cheese Sandwich	\$2.00
Toasted Banana bread (Full)	\$3.00
Raisin Toast – per slice	\$0.70
Toast and Vegemite – per slice	\$0.50
Hot Chocolate	\$2.00
SALADS / FRUIT	
Seasonal fresh fruit	\$1.00
Watermelon Tub	\$2.00
Bespoke Salads (order only). Various ingredients listed on Flexischools. Prices vary according to selection.	
Green Mixed Salad	\$4.50
Caesar Salad	\$4.50
Chicken Caesar Salad	\$5.00
MILK	
Ice Break Coffee 500ml	\$3.50
600ml Large Chocolate / Strawberry	\$3.50
300ml Oak (Chocolate / Strawberry / Coffee/Vanilla)	\$2.00
250ml Up & Go (Choc / Strawberry /Vanilla)	\$2.00
Plain Milk 600ml	\$1.60
Plain Milk 300ml	\$1.00
ICE CREAMS	
Paddlepop Shaky Shake	\$2.00
Mini Calippo	\$1.00
Frozen Yoghurt	\$2.00
Paddlepop (Chocolate / Rainbow)	\$1.50
Vanilla Ice Cream Cups	\$1.50
Paddlepop Icy Twist (Lemonade)	\$1.00
Quelch Fruit Juice Stick	\$0.50

HOT FOOD	
Flame Grilled Chicken Burger	\$5.00
Classic Chicken Burger	\$5.00
Chicken nuggets includes sauce	\$3.00
Four-N-Twenty Traveller Pie (Beef or Pepper)	\$3.50
Spinach & Ricotta Roll	\$3.50
Hot Cheese Roll	\$2.00
Sausage Roll	\$3.50
Garlic Bread (small)	\$1.50
Garlic Bread (large)	\$2.50
Cheese Toastie	\$2.00
Ham & Cheese Toastie	\$2.50
Vegetable Pastie	\$3.50
Hot Soup (Pumpkin or Mexican /bacon/bean)	\$3.50
Hot Soup and Bread Roll	\$4.00
Sauce sachet (Tomato or BBQ)	\$0.20
DRINKS	
Pump Water 750ml (Plain)	\$3.00
Flavored Pump Water 750ml	\$3.00
Appetizer can	\$2.00
Water 600ml	\$2.00
Nudie fruit juice (100% juice)	\$2.00
Lightly Sparkling Water	\$2.50
Iced Tea (Peach / Green / Mango / Lemon)	\$3.00
Fresh Nudie Juice	\$3.00
Glee	\$2.00
Supa Juice	\$3.00
EXTRAS	
Chips (Honey Soy Chicken, BBQ, Sea Salt, Salt and Vinegar)	\$1.50
Plain Popcorn 20g	\$1.00
Mamee Rice Sticks (Cheese)	\$1.00
Mamee Noodle Snacks (Chicken)	\$1.00
Piranha Vege Crackers (BBQ or Honey Soy)	\$1.00
Delites (Salt and Vinegar, Sour Cream and Chives)	\$1.00
Eucalyptus Drops 25g	\$1.00
Life Savers Peppermint	\$1.50
Finger Buns	\$2.50
Homemade Choc-Chip Cookie	\$1.00
Homemade Raisin Cookie	\$1.00
Fruit Salad Cup	\$2.00
Frozen fruit	\$1.00

<i>Daily Specials</i>	
<i>Mon: Pasta Bolognese</i>	<i>\$4.00</i>
<i>Tue: Sweet Chili Chicken Wrap</i>	<i>\$4.50</i>
<i>Wed: Butter Chicken</i>	<i>\$4.00</i>
<i>Thu: Chicken Chorizo w Couscous</i>	<i>\$4.00</i>
<i>Fri: Nachos</i>	<i>\$4.50</i>

**EXTENSIVE GLUTEN FREE MENU
AVAILABLE AT CANTEEN
ORDER ONLY**